



2024 CLUB TEAMS (SPRING/EARLY SUMMER TOURNAMENT TEAMS)

FAQ'S FOR PARENTS/ATHLETES

When will tryouts be hosted for STARS 2024 Club Teams (spring/early summer tournament teams)?

- 8th Grade and Younger Teams: Early to Mid-February through late February
- 9th Grade and Older Teams: Late February through early March

What teams (grade/gender) will be formed?

- SOUTH Hub (based in Williamson County): 4th-11th grade boys' and girls' teams
- NORTH Hub (based in Sumner County): 5th-11 grade boys' and girls' teams

How many teams will STARS form for each grade/gender?

- **SOUTH Hub**
 - Boys: 4th-8th Grade (normally 2-3 teams per grade; sometimes 4 teams; # of teams will depend on # of athletes/talent level at tryouts, coach supply, & practice time available)
 - Girls: 4th-8th Grade (normally 1-2 teams per grade; sometimes 3 teams; # of teams will depend on # of athletes/talent level at tryouts, coach supply, & practice time available)
- **NORTH Hub**
 - Boys: 5th-8th Grade (normally 1-2 teams per grade; # of teams will depend on # of athletes/ talent level at tryouts, coach supply & practice time available)
 - Girls: 5th-8th Grade (normally 1 team per grade; sometimes 2 teams; # of teams will depend on # of athletes at tryouts, coach supply, & practice time available)
- **9th-11th Grade Teams**
 - UA RISE & PREMIER teams for each grade/gender (9th, 10th, and 11th)
 - SOUTH Hub
 - Boys: 1-2 teams per grade (9th, 10th, and 11th)
 - Girls: 1 team per grade (9th, 10th, and 11th; depending on # of athletes/talent level, some grades may be combined)
 - NORTH Hub
 - Boys: 1-2 Teams per grade (9th, 10th, and 11th)
 - Girls: 1 Team per grade (9th, 10th, and 11th; depending on # of athletes/talent level, some grades may be combined)

How many tryout sessions are hosted for each grade?

- STARS will host a minimum of 2 tryout sessions for each grade/gender
- If turnout is high, STARS may host a 3rd tryout for some grades/genders. If so, some cuts will be made prior to tryout #3
- *Athletes are strongly encouraged to attend **both**, initial tryout sessions

When will athletes be notified of “tryout results” (i.e. – team invite and cuts)?

- STARS strives to send out “tryout results” 2-4 days after the final tryout session

Is there any favoritism shown to athletes that have played with STARS in prior season?

- NO...
 - STARS staff and coaches strive to be fair and objective when choosing each team. On average, there is 40% change every year in team rosters; prior STARS players may move up or down a team; prior STARS players may not make any team
 - Some athletes improve greatly, mature early, grow dramatically, etc. from season-to-season; some athletes don't improve; some athletes do not work on their game; therefore, athletes are evaluated fairly from year-to-year
 - As Nashville and surrounding communities continue to experience much growth with new families moving into the area, STARS attracts many “first-timers” to tryouts as well. These athletes are evaluated no differently than prior STARS players

How are STARS Coaches chosen?

- Coaches complete a coaching application; applicants are then interviewed by phone; if both parties are still interested in moving forward, a face-to-face interview is scheduled
- Candidates must be a “culture fit” (i.e. MORE THAN Basketball; Planting Seeds for Christ Through Basketball)
- Candidates must be a “basketball fit” (i.e. Prior Coaching/Training Experience and/or Played at the Collegiate Level)
- Once hired, STARS Coaches are annually required to:
 - Complete background check
 - Complete NFHS Courses and submit completed certificates for: *Concussion in Sports and Sudden Cardiac Arrest*
 - Agree to *Safe Sport Child Abuse and Other Misconduct Risk Management Plan*
 - Agree to *Coach Code of Conduct* form

When do practices begin and how often do STARS' Teams practice?

- 8th Grade and Younger Teams: Week of 2/25/24 or 3/3/24; all teams practice 2x a week
- 9th Grade and Older Teams: Week of 3/3/24 or 3/10/24; all teams practice 2x a week other than UA RISE Teams. As UA RISE teams consists of athletes that live up to 3-4 hours away, these teams' practice schedules will vary

What are team fees?

- Team fees vary for each team (grade/gender). All tryout fees/team fees will be posted on website no later than 1/15/24.

Do you offer financial assistance/partial athletic scholarships?

- Yes; families must complete the *STARS Financial Assistance Application*. This form is located on our website

Where do STARS teams practice?

- SOUTH Hub (based in Williamson County):
 - Primary locations include: TOA Sports Performance Center (Franklin) & Battle Ground Academy (Franklin)
 - A few teams may practice at other area private schools (e.g. FRA, LA, FCA, Ensworth) or public schools (Williamson County)
- NORTH Hub (based in Sumner County):
 - Davidson Academy
 - Public, private schools, and church gyms in Sumner County, Goodlettsville, and Madison

How many tournaments does each team participate in?

- The # of tournaments vary by team from 6-8 tournaments
- Most top teams in each grade/gender play 7-8 events
- Most “B” teams play in 6-7 events
- Most “C” and/or “D” teams play 6 events

How many games will a team receive in each tournament and when are tournaments hosted?

- Most tournaments feature a minimum of a 3-game guarantee; depending on performance, a team may receive as many as 4-5 games during a weekend
- Tournaments are hosted Friday-Sunday (exception: Easter Sunday); Friday night games will vary from team-to-team

Do STARS Teams travel out-of-town (require overnight lodging)?

- Some teams travel 7-8 times out-of-town (e.g. UA RISE and PREMIER High School Teams)
- Some teams travel 2-4 times out-of-town (e.g. UA FUTURE 5th-8th Grade Boys’/Girls’ Teams; Top SOUTH and NORTH Hub High School Teams)
- Several “B” teams play in 1 out-of-town event (e.g. Gatlinburg, Louisville, Birmingham)
- “C” and/or “D” teams will NOT travel out-of-town

How long does the season last?

- High School Teams: Most teams will play through mid-July (NCAA Live Period Viewing Events); however, little to no activity in June due to high school basketball demands
- 8th Grade and Younger Teams: Top teams in most age groups will play through late June; other teams will end by early-to-mid-June; other teams will wrap up by Memorial Day Weekend...all depends on # of tournaments for the specific team

Do players receive equal playing time?

- NO; While STARS club teams are competitive, and equal playing time is certainly not guaranteed...STARS players are guaranteed to play in every game. This guarantee does not apply to suspended players or players who need to be sat due to an injury, effort, attitude, or disciplinary issue/unsportsmanlike behavior

